

THERAPEUTIC ADVENTURES, INC.

To Challenge

Outdoor Access for Persons with Physical or Developmental Disabilities,
Chronic Medical Diagnoses, and/or Special Health Needs

To Renew

ADAPTIVE WATER SPORTS
 Canoeing
 Kayaking
 Rafting
 Fly Fishing
 Sailing

ADAPTIVE SNOW SPORTS
 Alpine Skiing
 Snowboarding
 Nordic Skiing - Touring & Telemark
 Snow Shoeing

Safety & Responsibility

Peace & Harmony

IndependencePlus®

- Spiritual Development
- Physical Development
- Cognitive Development
- Psycho-Social Development
- Emotional Development

Listening - Sharing - Serving
 Modeling - Coaching - Teaching

Circle of Courage ©

- Spirit of Belonging
- Spirit of Mastery
- Spirit of Independence
- Spirit of Generosity

Adaptive Outdoor Skills Mastery System®

PHASE 1 - PHASE 2 - PHASE 3

- Safety & Risk Management
- Technical Skills Development
- Adaptive Outdoor Equipment & Technical Gear
- Outdoor Leadership Development
- Conditioning
- Nutrition Management
- Achievement Motivation
- Outdoor Emergency Care
- Managing Environmental Impact
- Adapting to Environmental Changes
- Outdoor Ethics

Ethics & Morality

ADAPTIVE WILDERNESS ADVENTURES
 Camping
 Backpacking
 Rock Climbing
 Mountain Biking
 Challenge Courses

To Educate

Discipline & Restraint

Joy, Pleasure & Fulfillment

To Inspire

